The Pony Club in Area 1

FUNdamentals Workshop
For all PC Coaches as CPD / Accreditation

Date: Thursday 9th March 2017

Time: 6.00pm for a 6.15pm start – 8.30pm

Tutor: Louise Shepherd

Cost: £15 payable to ‘Area 1’ by Bank transfer

Catering: Refreshments will be available to purchase from the café or please bring your own.

Venue: Highfield Equestrian at Howe, Arnot Acres, Giffordtown, Fife KY15 7UW by kind permission of Tom Miles. For directions see the website www.highfieldathowe.com

FUNdamentals are the first rung of the ladder of Long Term Participant Development and include in the criteria the ABC of sport – Agility, Balance and Coordination. This fun, interactive workshop has a mounted session to work on skills learned during the dismounted session.

All PC Coaches should attend a CPD workshop/course at least once every two years to remain accredited to coach for a PC Branch or Centre.

Who is this workshop for?
Primarily aimed at those who coach the younger members, this workshop will have lots of ideas to inspire you to deliver engaging sessions for all levels and ages of members. Coaches from all PC Areas are welcome to attend.

What do participants need to wear?
Half the time will be spent in an indoor school (in March..., in the evening....)and the rest of the time in a classroom - a large, airy room at an Equestrian Centre, so come prepared for anything from cosy to chilly!! 😊

What do participants need to bring?
A pen and paper to jot down ideas. Otherwise energy and a sense of humour would be invaluable.

Applications close on 27th February 2017. Please email completed application form to Lea Allen on leaarea1@hotmail.co.uk and Catriona Willison, Area 1 Rep on area1@pcuk.org Payment to be made at time of application by Bank Transfer. Use ‘FUNFife’ followed by your surname as your reference e.g. ‘FUNFife Smith’ If applying on behalf of a Branch or Centre, put the Branch/Centre name in the reference plus number of delegates.

Bank details: Bank of Scotland, Brechin Sort Code: 80-12-66 A/C number: 06001735
FUNdamentals Workshop
Thursday 9th March 2017 @ Highfield at Howe, Fife

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