



Rules of good feeding

1. Keep clean, fresh water available

As a rough guide, horses drink 27 to 54 litres of water a day.

2. Feed little and often

Concentrates should be given in several small feeds daily.

A horse must never be left for more than eight hours without food, so adequate hay or hay substitute must be fed to the stabled horse at night.

3. Feed according to;

Work: feed according to the work done and the size of horse or pony.

Temperament: all horses are individual and must be treated as such.

Condition: always ensure your horse is in good condition.

4. Keep the same feeding hours each day

Horses are creatures of habit and enjoying being in an established routine.

5. Do not work hard immediately after feeding

As a rough guide allow one and a half hours after feeding before exercise to allow for digestion.



6. Feed adequate roughage

Feed plenty of roughage (hay or grass) as it keeps the digestive system working and healthy.

7. Introduce any changes of food gradually

Any changes of food should be made gradually to allow the digestive system to adjust.

8. Feed clean, good quality forage

The horse is a fussy feeder and will relish only the best.

9. Feed something succulent everyday

Carrots, apples or swedes are ideal succulents.

10. Keep feed bowls and water buckets clean

Dried on food will taste sour and dirty buckets will put the horse off eating or drinking.